**Juan Colon**

**Oakland, CA**

[**colonjr1988@yahoo.com**](mailto:colonjr1988@yahoo.com)

**(510) 815-3123**

+ Ability to Carry/Move/Shuffle Loads up to 100lbs

+ Load/Unload Trailers - Material Handling - Cardboard Boxes/Pallet Stacking

+ Great Physical Dexterity / Quick Learner / Follows Instructions

+ Detail-Oriented / Team-Oriented / Ability to Work Independently

+ Hard Working / Reliable / Punctual / Dedicated

+ Excellent Interpersonal Communication Skills

+ Basic Arithmetic Knowledge / Inventory Records Maintenance

**WORK EXPERIENCE**

**Receiver/Stocker Receiver**

**Homedepot**

**Oakland, CA**

**Oct 2016 to Current**

**Delivery Assistant**

**CORT Furniture Rental**

**Hayward, CA**

**January 2014 to October 2015**

Assisted with the inspection of furniture to ensure it is in acceptable condition for delivery prior to loading.

Assisted with the truck loading, checking items against lease agreement.

Assisted with the delivery and installation of furniture within agreed upon time frame.

Assisted with the pickup of furniture at lease end.

Assisted with as directed to truck maintenance to ensure safe delivery vehicle.

Was regularly required to stand; use hands to finger, handle, or feel; reach with hands and arms; and talk or hear.

Was frequently required to walk/climb/balance &amp; occasionally required to sit and stoop, kneel, crouch, or crawl. Regularly lift and/or move up to 50 pounds, frequently lift and/or move up to 100 pounds, and occasionally lift and/or move more than 100 pounds. Specific vision abilities were required by this job including close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

**Industrial Worker**

**Tiger USA Global Logistics**

**Hayward, CA**

**July 2011 to December 2013**

Handle, install, position and move materials

Operate, maintain, and repair production and industrial equipment

Operate drills

Position, join and seal structural components

Load and unload building materials along with identifying them for correct distribution

**Warehouse Associate/Distribution Generalist**

**Oakland Tribune**

**Oakland, CA**

**January 2010 to July 2011**

Participates in all the daily operations at a Distribution Center.

Assists in opening Distribution Center, including printing and distributing route books.

Unloads newspapers from delivery trucks, verifying arrival time, receipt and distribution of proper amounts newspapers (bundles) and other products with accuracy.

Assists drivers in off-loading tractor trailers, storing materials, and reloading trucks within established deadlines.

Assists in maintaining a daily record of: contracted routes serviced, dispatch times for trucks, system problems and answers to customer complaints.

**EDUCATION**

High school or equivalent Castlemont High School

Oakland, CA 2003 to 2007